Issue 2 2020 May 2020

WHITLEY W.I. News



Out and about

A lot of members have sent in photos of the beautiful Spring scenery as they have been out walking or just busy in their gardens Here are a small selection









Welcome to our second Whitley WI newsletter.

As we all enter into our 7th week of lockdown it is inspiring to see how our WI members are keeping busy and the wonderful community we as WI members can offer each other. A quick hello as we pass each other on our daily walk or a phone call to someone we haven't seen recently can make all the difference. Please keep sending in your thoughts, poems, pictures and activities and we will do our best to include them in future newslettters. (send to <a href="whitelemont-whit

A letter from Jean Harding our County Chair is attached with this mailing as are the answers to the quiz sent out last month.

There once was a woman from WI Who made good cakes and blackberry pie She went each month to visit her friends And hopes COVID19 won't see it all end

Meanwhile whilst we wait.
You can give the birds bait
You can get out a jigsaw, a book or a KINDLE
But don't be sad because you can't mingle
A game of SCRABBLE, a card game, or even a walk
You may meet someone — to have a talk

Goodbye my dear friends. — With Love this rhyme ends (Joan Blackshaw)



Pat Sharp has been keeping a close eye on our CFWI centenary tree - Joseph's Rock planted in Whitley Nature reserve. It is coming into leaf beautifully and can be accessed from the entrance on Raddle Lane Issue 2 2020 May 2020

News from our members keeping busy!

Teddies Galore!

Annette Minor, June Smither and Joyce Barber have been busy knitting teddies - more than enough for a picnic!



Jonty Jones has finished this beautiful patchwork quilt





When Virginia Butterworth mentioned she was having trouble finding yeast to sister in law Alison Morton a chance conversation with another WI member resulted in a packet arriving in the post allowing Virginia to make these amazing bread rolls! The WI always goes the extra mile - special thanks to Helen Heaton for the special delivery!

Joan Blackshaw has been watching the birds on a cherry tree in her garden and finished this lovely painting showing the wide variety of species she spotted.



Our President Chris Jones was doing a spot of baking but got distracted on the phone so her fairy cakes turned into very burnt buns!



Sue Burtonwood sent in this delicious recipe to try

BABY BAKEWELLS - Makes 9 Heat oven to 200C gas 6

PASTRY: 4oz flour (100g) 2 oz margarine (50g)

FILLING: 50g (2 oz) caster sugar 50g (2 oz ground almonds 1 med egg beaten few drops almond essence

Raspberry jam few flaked almonds (opt)



1. Make the pastry & roll out thinly should cut 9 rounds using 3 inch (7.5) cutter, place in greased patty tins

2. Mix ground almonds and sugar with sufficient beaten egg to make a soft mixture & add a few drops of almond essence

3. Place a little jam in each pastry case and top with a spoonful of almond mixture

4. Sprinkle a few almond flakes on the top (if required).

5. Bake for about 15-20 minutes

Jean Waite has been cross stitching these delightful rainbow cards for the special people in her life. She is willing to post a little kit out to anyone who would like to have a go but hasn't got any thread!





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Cathy Tomlinson has been making fabric face masks and sent the pattern she has been using.

Please be careful taking off the masks once used and wash straight away after each use.

Sally Riley has also sent a request for any knitters to make small bands for



(4" x 1" approx) with buttons to attach the masks to so protecting the ears of the nurses wearing them everyday - ingenious!





WHITLEY WI MAY QUIZ.... FOOD AND DRINK

- 1. What type of pastry are profiteroles made from?
- 2. Which drink is Worcester sauce traditionally added to?
- 3. What type of food is basmati?
- 4. Which type of pasta's name means "little worms"?
- 5. What is the primary herb in pesto?

See attachment for more questions - answers next month!

Allina Health %

How to make a face mask

What you will need

- · Cotton fabric, a pretty print is best.
- Rope Elastic, beading cord elastic will work (you may also us 1/8" flat elastic)
- · Cut the elastic 7"long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make two sizes: adult or child

- 1. Put right sides of cotton fabric together
 - o Cut 9x6 (adult) or 7.5 x 5 (child)
 - Elastic 7 inches (adult). If elastic is not available, you can sew ties made of 100% cotton or use bias tape.
- Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edgeout into the corner. A few stitches forward and back will hold this.
- Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
- Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
- 5. Sew to the next corner and sew in the other end of the same elastic.
- Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
- 7. Sew around the edge of the mask twice.

It is so easy to make this. Be sure any fabric design is place horizontally.



Lockdown

I check - what shall I be doing today When, cos of the virus, at home I must stay A jigsaw, some sewing, some cupboards to clear There is always something, no boredom to fear

The first job each day is to go for a walk where we meet fellow strollers and stop for a talk People aren't in a rush, and have more time to spend It helps to make sure we don't go round the bend

Meals have become something to plan and cook We try out new recipes, from web or a book Stock up the freezer or try a new cake At last we have time for a really good bake

If you want a new hobby the choice is so vast And there's time to enjoy it, unlike in the past Be it exercise, learning, or kneading some dough This is the chance to just have a go

There is lots of sad news, but good stories out there News of kindness, help, thoughtfulness for us to share When late in the summer we meet up once more We'll have a great party, of that I am sure (Jean Waite)